



The Ben Williams Trust was founded in 2006 following Ben's death at the age of 14 from a rare heart muscle disorder. The Trust provides funding to support children and young adults who are suffering from arrhythmias (abnormal heart rhythms), to help them and their families live as normal a life as possible. It is currently funding a new consultant nurse post in paediatric electrophysiology and inherited cardiac conditions at the Royal Brompton Hospital. It has previously funded the creation of two other ground-breaking new posts: a paediatric electrophysiology nurse specialist and a clinical psychologist. The success of these roles has resulted in them attracting mainstream NHS funding, and they are seen as role models as the service expands.

The Trust also supports youth cricket with a particular emphasis on wicket-keeping.

Chair's message from Phil Williams

Introduction

2020 has been a year unlike any other, particularly for those working in the health service.

I'm pleased to be able to report that despite the turmoil, Catherine Renwick has made great strides in establishing the new role of consultant nurse and in this year's edition of the newsletter we take a closer look at Catherine's progress in each of the four main areas of the role and catch up on other developments.

As always, thank you to everyone who has supported us financially and in other ways over the past year.

Expert Practice

Catherine has established expert Nurse Consultant led clinics, with Covid-19 driving the rapid development of video and telephone consultations to complement face to face appointments.

A better and more consistent service is being provided to teenagers undergoing the difficult transition from child to adult services.

A collaborative approach with other hospitals allows the local prescription of medication to children without the need for travel to the Brompton.

Education and Training

A key part of the role is skills transfer by providing training to clinical nurse specialists, equipping them to undertake school visits, develop the transition service, establish clinical practice, perform telephone consultations, provide support to patients and parents, and in the longer term include medicines management in their practice. Catherine also provides learning to other teams within the Brompton and externally.

Catherine Renwick

Cath has worked at the Brompton for over 20 years. In April 2008 she was appointed as



Ben's Nurse, the first dedicated paediatric electro-physiology nurse specialist, and for the last five has led the paediatric electrophysiology and ICC service.

Professional Leadership

Catherine is providing support to junior doctors to advise on management plans for paediatric patients attending clinics,

inpatients and to give on-call advice to external hospitals.

She also works with paediatricians with cardiology interest in other hospitals to managed shared care provision with the Brompton.

Research & Practice Development

Catherine has been awarded a Pre-doctoral Clinical Academic Fellowship (PCAF) with effect from 1st January 2021, which will absorb 50% of her time with the remaining 50% spent in clinical practice. The PCAF provides additional funding for research, attending conferences and training.

Wicket-Keeping News

England players Rory Burns and Ollie Pope, both attendees of the Ben Williams Trust-funded elite winter training programmes for young Surrey wicket-keepers, continued to make their mark on the Test and County cricket world with their performances against the West Indies and Pakistan.

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